

# Making contact

What do you do if you are new in town and don't know where to go for support with your children, or just want to make contact with other parents?

There are lots of different services and social groups for parents of babies, toddlers and young children in New Zealand. **Plunket** offers a range of professional support and health advice for infants and children up to five. Many run play groups regularly. **Playcentres** are a great way of making friends and getting involved in your child's education. Parents help to run their local centre as volunteers. **Kindergartens** are a pre-school choice for many New Zealand families. Here are the website addresses. Look them up with your tutor, and find out what is available in your town. You can also look for advertisements for local mother, baby and toddler groups in the public library, in the newspaper and through ESOL Home Tutors.



[www.plunket.org.nz](http://www.plunket.org.nz)



[www.playcentre.org.nz](http://www.playcentre.org.nz)

[www.nzkindergarten.org.nz](http://www.nzkindergarten.org.nz)



Read through the text with your tutor. Talk about new words. Look up the websites for further information together. Find out about local contacts and addresses and plan a visit. If your ESOL Home Tutor Scheme runs a mother and baby group, get more information from the manager.

# Joining a group



First help each other to fill in the gaps, using the words below. Now practise phoning a play group or mother and baby group to find out when they meet. Take turns to be Mum, and Anna, the group leader.



Mum: Good Morning.

Anna: Good Morning, Anna ..... . How can I help?

Mum: I've recently arrived in New Zealand. I have a little girl . She's ..... years old. I'd like to come to the mother and toddler .....

Anna: Oh yes. We have a group which meets every .....

Mum: What day?

Anna: On Wednesday .....

Mum: What time do you meet?

Anna: From 10 to 12. That includes morning .....

Mum: Oh. Do I bring some morning tea?

Anna: Well, the mums usually ..... turns to bring some morning tea, so just come along this time.

Mum: Where do you .....

Anna: At the Plunket Rooms in Ohau Street, Oakhill. Do you know where that is?

Mum: No, but I'll look on the .....

Anna: There's a ..... stop not far from here. You catch the 14 to Oakhill from the town centre.

Mum: OK. Thanks very much. See you at the group.

Anna: Yes, thanks for ..... . We'll see you then.

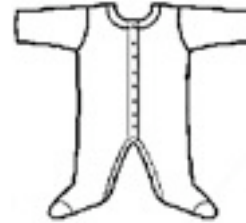
two	speaking	tea	week	map	
group	morning	take	meet	bus	calling



# Baby gear

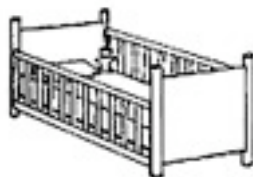
Use the pictures and clues to help you unscramble the words. These are things you need to help keep your baby comfortable and safe.

1. These keep baby's feet warm.
2. All-in-one clothing for a baby.
3. You take babies or toddlers for a walk in this.
4. Young children sit in this at meal times.
5. Babies and children love to play with these.
6. These can be disposable or washable.
7. Keeps baby's head warm.
8. A baby drinks from this.
9. A bed for a baby or toddler.
10. This keeps your baby or toddler safe in the car.



1. etoboes    b \_ \_ \_ \_ \_  
 2. tilsepeus    s \_ \_ \_ \_ \_  
 3. gubyg    b \_ \_ \_ \_  
 4. hagirchih    h \_ \_ \_ \_ \_  
 5. yost    t \_ \_ \_

6. aynpn    n \_ \_ \_ \_  
 7. tha    h \_ \_  
 8. lobett    b \_ \_ \_ \_  
 9. toc    c \_ \_  
 10. saterac    c \_ \_ \_ \_



Tutor notes: Ask your learner to number the pictures too.

# Playdough recipe

Playdough is a favourite with children all over New Zealand. It is great for creative play for all ages, and you will want to play too! It can be squeezed, squashed, rolled, shaped and cut out using cutters or lids. It's easy to make, so get the children to help you. Keep playdough in a plastic container in the fridge and it will last for ages.



## You need:

1 cup flour

½ cup salt

1 cup water

1 tablespoon cream of tartar

1 tablespoon cooking oil

food colouring

## How to make the dough:

Mix the flour, water, salt and cream of tartar in a saucepan over a medium heat until thick.

Remove from the heat and allow the mixture to cool.

Add the oil.

Put the mixture on a floured cutting board.

If you want to make a different coloured doughs divide the mixture and add different colours to each piece.

Mix until the colour is the way your child, or you, want it.